



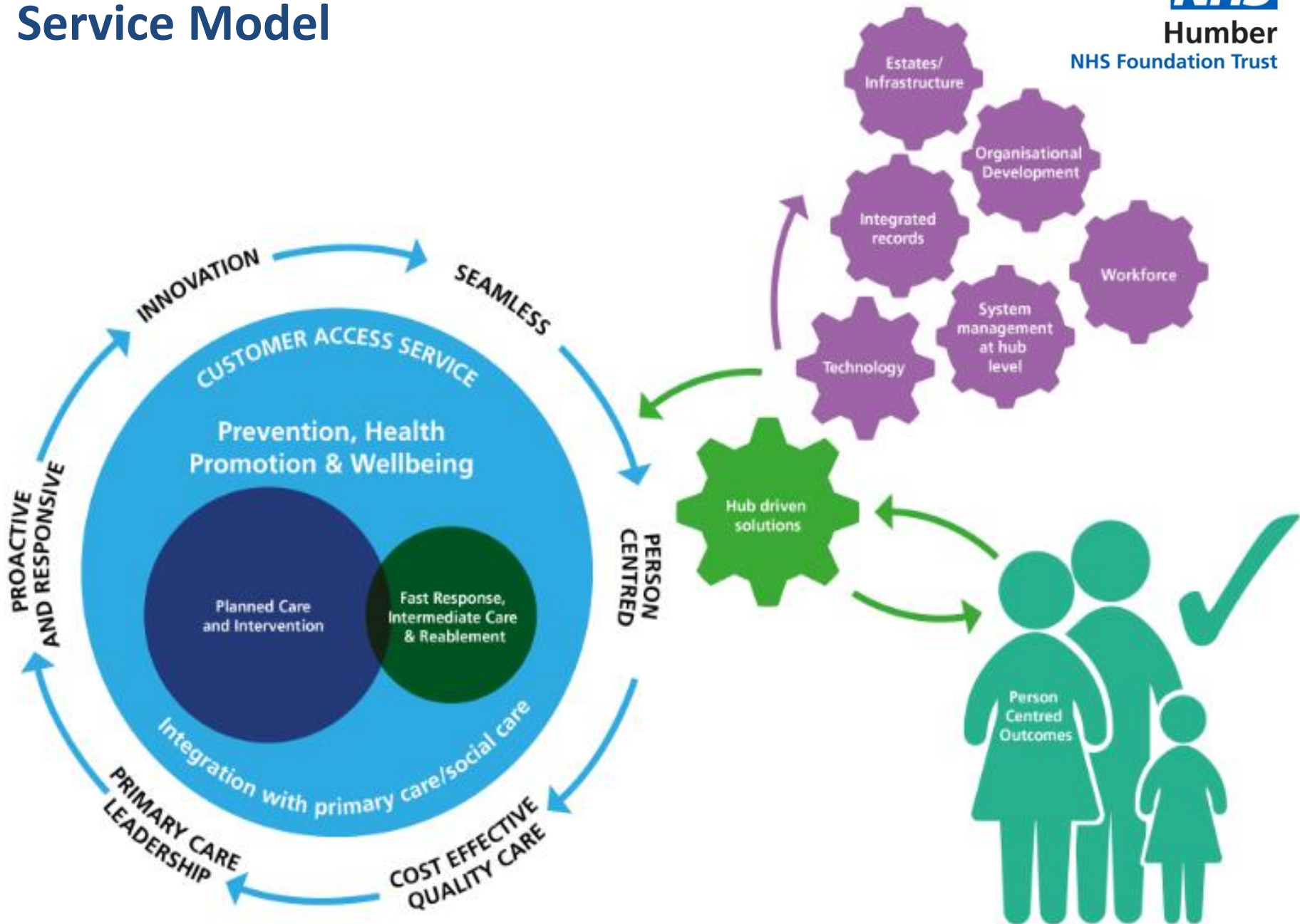
**Humber Teaching**  
NHS Foundation Trust

**Scarborough and Ryedale  
Community Services**

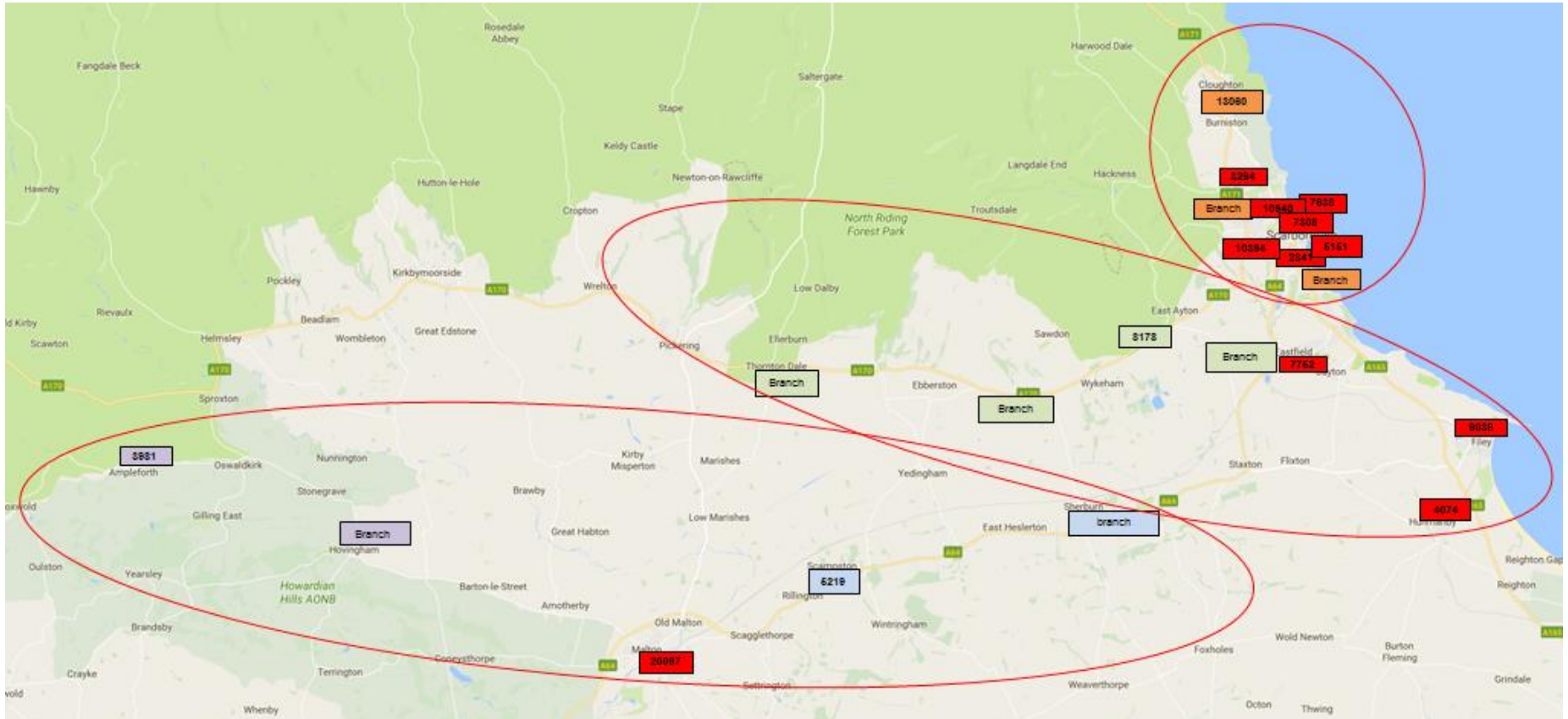
**Falls Prevention within an Integrated Model  
of Care**

Rachel Laud

# Service Model



# Three Hub Structure



# Service Transformation and Vision

- **Community Nursing** and **Community Therapy** at the heart of each hub working as **Trusted Assessors** to ensure timely and holistic intervention
- Seamless access to **Specialist Service Clinicians** aligned to hubs but working across locality – Diabetes, Heart Failure, Cardiac, Respiratory, Dietetics, Continence, Speech and Language, Stroke
- Service delivery underpinned by **skilled support staff** competent to meet core patient needs at the moment of contact
- A workforce where everyone has the **knowledge** and **understanding** of the importance of falls prevention.

# Multifactorial Falls Assessment – Initial Screening

Two questions – Every patient

- Have they had more than two falls in the last 12 months?
- Does the patient have abnormal balance or gait?

# Targeting Twelve to Reduce Risk

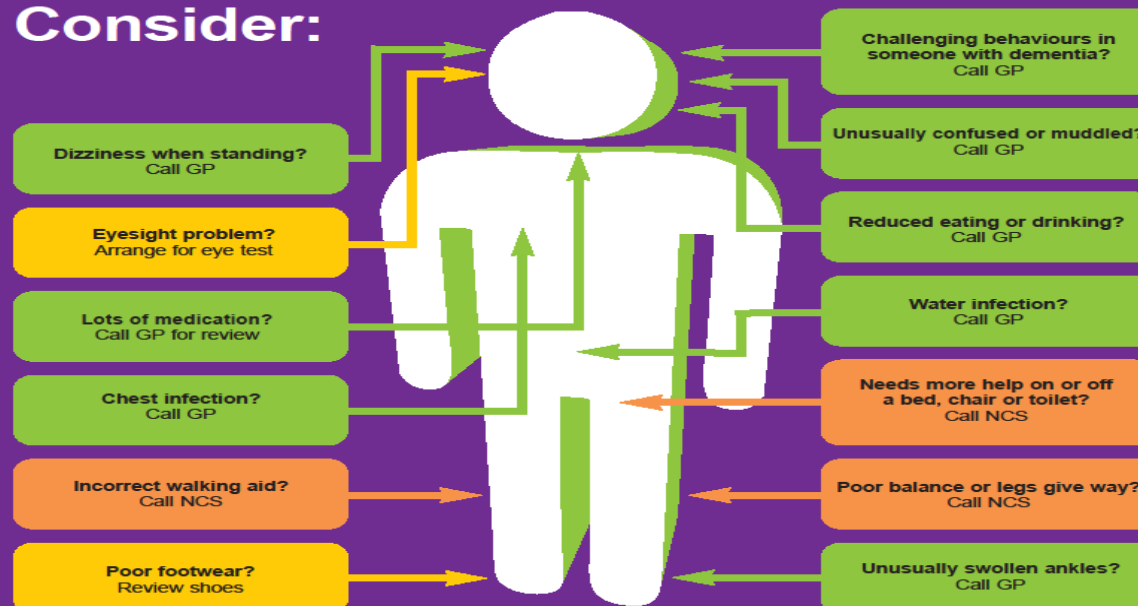
- Medication
- Postural Hypertension
- Alcohol Intake
- Nutrition & Hydration
- Vision and Hearing
- Feet, Footwear and Clothing
- Balance and Mobility
- Continence
- Osteoporosis
- Confidence
- Cognition
- Environment

# Interventions

- Advice and guidance in the moment at the time of assessment
- In hub management for therapy and specialist clinician input
- Onward referral - GP, Social Services, Health Trainers, Community Partners and Voluntary Agencies
- Promotion and partnership – increasing awareness across services

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# More than one fall? Consider:



## Take action – call now:

**GP Surgery**  
Tel: Resident's GP

**Setting/care home**  
to take action

**Neighbourhood Care Service (NCS)**



# Right Care- Right Place – Right Time

**“Falls prevention is not  
rocket science... It is about  
doing the basics properly and  
consistently”**

(Cockram A, NPSA 2007)